

PROUDLY SERVED BY



Smart Start levels vary by school, please contact your local school for distribution options and times.

October Menu Breakfast

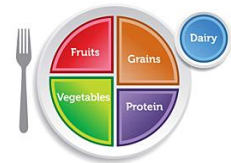
Monday	Tuesday	Wednesday	Thursday	Friday
28 Cheerios Pineapple Graham Crackers Milk	29 Waffles Peaches Blueberry Muffin (WG) Milk	30 Oatmeal Pears Graham Cracker Milk	1 Breakfast Pizza Mixed Fruit Chocolate Chip Muffin (WG) Milk	2 Raisin Bran Applesauce Graham Crackers Milk
5 Cheerios Pineapple Graham Crackers Milk	6 French Toast Sticks Peaches Blueberry Muffins (WG) Milk	7 Oatmeal Pears Graham Crackers Milk	8 Breakfast on a Stick Applesauce Apple Cinnamon Muffin (WG) Milk	9 Raisin Bran Applesauce Graham Crackers Milk
12 Cheerios Pineapple Graham Crackers Milk	13 Omelet Peaches Blueberry Muffins (WG) Milk	14 Oatmeal Pears Graham Crackers Milk	15 Breakfast Pizza Mixed Fruit Chocolate Chip Muffin (WG) Milk	16 Raisin Bran Applesauce Graham Crackers Milk
19 Cheerios Pineapple Graham Crackers Milk	20 Bagels w/Peanut Butter Peaches Blueberry Muffin (WG) Milk	21 Oatmeal Pears Graham Crackers Milk	22 Pancakes Mixed Fruit Apple Cinnamon Muffin (WG) Milk	23 Raisin Bran Applesauce Graham Crackers Milk
26 Cheerios Pineapple Graham Crackers Milk	27 Waffles Peaches Blueberry Muffin (WG) Milk	28 Oatmeal Pears Graham Crackers Milk	29 Breakfast Pizza Mixed Fruit Graham Crackers Milk	30 Raisin Bran Applesauce Graham Crackers Milk

(V) Vegetarian

(WG) Whole Grain

Menu subject to change

This institution is an equal opportunity employer and provider.

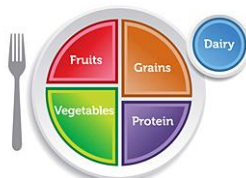




October Menu Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
28 Pizza Pineapple Carrots Milk	29 Beef & Bean Burrito Pineapple Carrots Milk	30 Grilled Chicken Breast Broccoli Rice (WG) Pears Milk	1 Fish Patty Bun (WG) Baked Beans Mixed Fruit Milk 	2 Popcorn Corn Sweet Potato Fries Applesauce Milk
5 Meatball Sub Bun (WG) Carrots Pineapple Milk	6 Corn Dog (WG) Broccoli Peaches Milk	7 Grilled Chicken Breast Corn Rice (WG) Pears Milk	8 Sloppy Joe Bun (WG) Baked Beans Mixed Fruit Milk	9 Fish Nuggets Sweet Potato Fries Applesauce Milk 
12 Pizza Pineapple Carrots Milk	13 Hot Dog Bun (WG) Broccoli Peaches Milk	14 BBQ Chicken Breast Mashed Potatoes Dinner Roll Pear Milk	15 Hamburger Bun (WG) Baked Beans Mixed Fruit Milk	16 Chicken Nuggets Sweet Potato Fries Applesauce Graham Crackers Milk
19 Meatball Sub Bun (WG) Carrots Pineapple Milk	20 Salisbury Steak Mashed Potatoes Gravy Dinner Roll Peaches Milk	21 Grilled Chicken Breast Broccoli Rice (WG) Pears Milk	22 Chicken Patty Broccoli Rice (WG) Pears Milk	23 Fish Nuggets Sweet Potato Fries Applesauce Milk 
26 Pizza Carrots Pineapple Milk	27 Beef & Bean Burrito Rice (WG) Corn Peaches Milk	28 BBQ Chicken Breast Mashed Potatoes Dinner Roll Pears Milk	29 Fish Patty Bun (WG) Baked Beans Mixed Fruit Milk 	30 Popcorn Chicken Sweet Potato Fries Applesauce Milk

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